

**IMPACT OF STRESS ON WORK BEHAVIOUR OF FEMALE
NURSES IN GOVERNMENT HOSPITALS**

By:

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ABSTRACT

The health care industry is very important in nowadays. Nursing is very important service for the health care system. Thus, this study intends to investigate the impact of stress on work behaviour of Female Nurses in Government Hospitals. Nurses are working in highly stressful and unhygienic environment and face a variety of problems in their jobs. As a woman, female nurses have to do many works in their family life, as well as they have to accomplish their work responsibilities. Because of that, female nurses are more stressed than male nurses.

The study accompanies with quantitative research approach. Primary data as well as secondary data had been practiced by this study. Structured questionnaire was used as the method of data collection and questionnaire consist with two parts as personal information of the respondent and research information. Questionnaire included 20 questions with Five Point Likert scale ranging from Strongly Disagree to Strongly Agree. Totally, 205 Female Nurses from General Hospital, Nuwara Eliya were taken as population of this study. Census study method was used to make the sampling framework. Collected data were analyzed using SPSS 22.0 analysis. The data were measured using descriptive statistics, correlation and regression analysis.

This research has found that stress, absence behaviour and intention of quitting job is in high level and work morale is in low level among the sample as well as has good reliability. Subsequently, absence behaviour, intention of quitting job has strong positive relationship with stress and work morale has negative relationship with stress. Results showed that stress impacts on absence behavior, intention of quitting job and work morale. Additionally, stress is differing from age levels. This research contributes for directors and human resource managers of health care industry. One suggestion for further research is to investigate the impact of stress on work behaviour in a different context and to perform longitudinal research embracing a broader sample of hospitals.

Keywords: - Stress, Absence Behaviour, Intention of Quitting Job, Work Morale, Work Behaviour

Table of Content

	Page No
Acknowledgement.....	i
Abstract.....	ii
Table of Content.....	iii
Table of Tables.....	vi
Table of Figures.....	ix
Abbreviations.....	x
Chapter 01- Introduction.....	1-6
1.1 Background of the Study.....	1
1.2 Problem Statement.....	3
1.3 Research Questions.....	4
1.4 Research Objectives.....	4
1.5 Significance of the Study.....	5
1.6 Scope of the Study.....	5
1.7 Chapter Organization.....	5
1.8 Chapter Summary.....	6
Chapter 02- Literature Review.....	7-14
2.1 Introduction.....	7
2.2 Stress.....	7
2.3 Work Behaviour.....	8
2.3.1 Absence Behaviour.....	9
2.3.2 Intention of Quitting Job.....	10
2.3.3 Work Morale.....	11
2.4 Theories Related to Variables.....	12
2.5 The Relationship between Stress and Absence Behaviour.....	12
2.6 The relationship between Stress and Intention of Quitting Job.....	13

2.7 The Relationship between stress and Work Morale.....	13
2.8 Chapter Summary.....	14
Chapter 03- Conceptualization and Operationalization	15-19
3.1 Introduction.....	15
3.2 Conceptualization.....	15
3.3 Conceptual Framework	15
3.4 Definition of Variables	16
3.4.1 Stress	16
3.4.2 work Behaviour	16
3.5 Operationalization	17
3.6 Chapter Summary.....	19
Chapter 04- Research Methodology.....	20-32
4.1 Introduction.....	20
4.2 Research Philosophy	20
4.3 Research Approach	21
4.4 Research Strategy.....	21
4.5 Methodological Choice	22
4.6 Time Horizon.....	22
4.7 Research site / Area Selection	22
4.8 Population of the Study	23
4.9 Sampling Technique / Method.....	23
4.10 Sampling Framework and Sample Size.....	24
4.10.1 Sample Size	24
4.11 Method of Data Collection / Source.....	24
4.12 Research Instrument	25
4.13. Method of Measurement.....	25
4.13.1 Method of Measuring the General and Personal Information	25

4.13.2 Method of Measuring Research Information	25
4.14. Validity and Reliability of Instruments	26
4.15 Unit of Data Analysis	27
4.16 Method of Data Analysis	27
4.16.1 Univariate Analysis and Evaluation	27
4.16.2 Bivariate Analysis and Evaluation.....	28
4.17. Method of Data Presentation	31
4.18. Ethical Consideration	31
4.19 Chapter Summary.....	32
Chapter 05- Data Presentation and Analysis.....	33-49
5.1 Introduction.....	33
5.2 Data Collection	33
5.3 Analysis of Reliability	33
5.4 Data Presentation	34
5.4.1 Data Presentation and Analysis of Personal Information of Respondents..	34
5.4.2 Data Presentation and Analysis of Research Information of Respondents.	37
5.5 Testing Hypotheses	48
5.6 Chapter Summary.....	49
Chapter 06- Discussion	50-55
6.1 Introduction.....	50
6.2 Discussion of Personal Information	50
6.2.1 Age.....	50
6.2.2 Marital Status.....	50
6.2.3 Ethnicity	50
6.2.4 Work Experience	51
6.3 Discussion of Research Information	51
6.3.1 Discussion for Objective One.....	51

6.3.2 Discussion for Objective Two	52
6.3.3 Discussion for Objective Three	53
6.3.4 Discussion for Objective Four.....	53
6.3.5 Discussion for Objective Five	53
6.3.6 Findings from Hypothesis Testing.....	55
6.4 Chapter Summary.....	55
Chapter 07- Conclusions and Recommendations	56-59
7.1 Introduction.....	56
7.2 Conclusion	56
7.2.1 First Objective	56
7.2.2 Second Objective	56
7.2.3 Third Objective.....	57
7.2.4 Fourth Objective	57
7.2.5 Fifth Objective.....	57
7.3 Contributions of the Study.....	57
7.4 Recommendations	58
7.5 Limitations of the study	58
7.5 Directions for Future Study	59
List of Reference	60-70
Appendix 01- Questionnaire	70-72
Appendix 02 – Output of Data Analyses	73-81

Table of Tables

		Page No
Table 3.1	Summary of Operationalization in Independent Variable.....	18
Table 3.2	Summary of Operationalization for Dependent Variable.....	19
Table 4.1	Sampling Framework.....	24
Table 4.2	Scale for Statement in the Questionnaire.....	26
Table 4.3	Decision Criteria for Reliability Analysis.....	26
Table 4.4	Decision Criteria for Univariate Analysis.....	28
Table 4.5	Decision Criteria for Correlation Analysis.....	29
Table 4.6	Decision Criteria for Hypothesis Testing.....	30
Table 4.7	Objective Vice Method of Analysis.....	31
Table 5.1	Reliability Analysis for Overall Variables and dimensions.....	34
Table 5.2	Age Distribution of Respondents.....	35
Table 5.3	Marital Status Distribution of Respondents.....	35
Table 5.4	Ethnicity Distribution of Respondents.....	36
Table 5.5	Work Experience Distribution of Respondents.....	36
Table 5.6	Mean/ Std. Deviation of Stress and Work Behaviour.....	37
Table 5.7	Mean and Std. Deviation of Stress.....	38
Table 5.8	Overall Frequency Level of Stress.....	38
Table 5.9	Mean and Std. Deviation of Stress Based on Age of the Respondents.....	39
Table 5.10	Stress Distribution among age of the Respondents.....	39
Table 5.11	Mean and Std. Deviation of stress based Marital Status.....	40

Table 5.12	Mean and Std. Deviation of Absence Behaviour.....	40
Table 5.13	Overall Frequency Level of Absence Behaviour.....	41
Table 5.14	Mean and Std. Deviation of Intention of Quitting Job.....	41
Table 5.15	Overall Frequency Level of Intention of Quitting Job.....	42
Table 5.16	Mean and Std. Deviation of Work Morale.....	42
Table 5.17	Overall Frequency Level of Work Morale.....	43
Table 5.18	Correlation Coefficient between Stress and Absence Behaviour..	43
Table 5.19	Correlation between Stress and Intention of Quitting Job.....	44
Table 5.20	Table 5.20 Correlation Coefficient between Stress and Work Morale.....	44
Table 5.21	Model Summary of impact of stress on Absence Behaviour.....	45
Table 5.22	Coefficient of Simple Linear Regression between Stress and Absence Behaviour.....	45
Table 5.23	Model Summary of Impact of Stress on Intention of Quitting job.	46
Table 5.24	Coefficient of Simple Linear Regression between Stress and Intention of Quitting job.....	46
Table 5.25	Model Summary of Impact of Stress on Work Morale.....	47
Table 5.26	Coefficient of Simple Linear Regression between Stress and Work Morale.....	47
Table 6.1	Summary of Hypothesis Testing.....	55

Table of Figures

	Page No
Figure 3. 1 Conceptual Framework.....	16