

EASTERN UNIVERSITY, SRI LANKA

Third Year, First Semester Examination in Agriculture -2011/2012

ACH 3102 - Food and Nutrition (2:30/00)

Repeat Examination

Time –Two hours

Answer All Questions

Q1)

1. Write a brief account on Recommended Dietary Intake (RDI) and Food composition table in Food and Nutrition.
2. Discuss the importance of Balanced Diet in Human nutrition.

Q2)

1. Briefly describe the measures which you would like to adopt to Protein Energy Malnutrition (PEM) in a village community.
2. What advice will you give for a mother of a Pre-school child in a village to prevent Iron deficiency Anemia?

Q3)

1. Explain the role of Dietary fibre in Human Nutrition.
2. Discuss the importance of nutrition during Pregnancy period.

Q4)

Briefly explain the following Assessment methods of nutritional status in human.

1. Dietary methods
2. Anthropometric measurement
3. Laboratory methods
