THE IMPACT OF SOCIAL SUPPORT ON EMPLOYEE WELL-BEING AND TURNOVER INTENTION AMONG THE SELECTED APPAREL FIRMS IN COLOMBO



by

THIMBIRI PALAGE NETHMA NILUPULI

REG NO: EU/IS/2014/MS/41

INDEX NO: MS 1691



Project Report Library - EUSL

A project report submitted to the Faculty of Commerce and Management, Eastern University, Sri Lanka, as a partial fulfillment of the requirement for the Degree of Bachelor of Business Administration (BBA).

FACULTY OF COMMERCE AND MANAGEMENT

EASTERN UNIVERSITY, SRI LANKA

ABSTRACT

Presently Sri Lankan apparel industry faces a greater difficulties and it is noted that little attempt has been taken by the researchers to integrate the social support with employee well-being and turnover intention among machine operators in Sri Lankan literature. Hence problem of this study is to investigate the existing levels of social support, employee well-being and turnover intention, what sort of relationship among social support, employee well-being, turnover intention and how social support causes an impact on employee well-being and turnover intention among selected apparel firms in Colombo.

The study mainly considering the primary data and secondary data. Structured questionnaire was used as the method of data collection and there are 32 research questions. Among them six questions are consist with personal information of the respondent and other twenty six questions are research information. The five point likert scale was used which ranging from "strongly agree" to "strongly disagree" and "none of the time" to "all the time". It has been conducted a pilot test to test the reliability of the questionnaire and all questions are reliable. Collected data were analyzed using SPSS computer package having the univariate and bivariate analysis. A sample of 208 respondents were conducted from the machine operators out of 435 of total machine operators. It has been considered two apparel companies named as Stylish garments (Pvt) Ltd & Ceylon Knit Trend (Pvt) Ltd and from each garments respectively 180 and 255 sample were selected. Stratified random sample method used to make the sampling frame of the study and also quantitative research approach used for this study.

The findings of the study revealed that the social support, and employee well-being were in low levels and turnover intention was in high level and furthermore, social support had strong positive relationship with employee well-being and strong negative relationship with turnover intention. The results indicated a positive impact of social support on employee well-being and negative impact of social support on turnover intention. Further, this study also supported the view that the managers of apparel firms should get strategic steps to increase employee well-being and reduce turnover intention among the employees.

Key Words: Social Support, Employee Well-being, Turnover Intention

TABLE OF CONTENT

ACKNOWLEDGEMENT	i
ABSTRACT	ii
TABLE OF CONTENT.	iii
LIST OF TABLES.	vi
LIST OF EQUATIONS.	
LIST OF FIGURES.	ix
Chapter-1	1
INTRODUCTION	1
1.1 Background of the study	
1.2 Problem Statement / Research Gap'	3
1.3 Research Questions	4
1.4 Research Objectives	
1.5 Scope of the Study	5
1.6 Significance of the Study.	5
1.7 Organization of Chapters	
1.8 Chapter Summary	7
Chapter – 2	8
LITERATURE REVIEW.,	8
2.1 Introduction.	8
2.2 Social Support	8
2.3 Employee Well-being	12
2.4 Turnover Intention	14
2.5 The Impact of Social Support on Employee Well-being and Turnove	er Intention
2.6 Chapter Summary	
Chapter- 3.	18
CONCEPTUALIZATION AND OPERATIONALIZATION	18
3.1 Introduction	
3.2 Conceptualization	18
3.3 Variables Relevant to the Conceptual Model	
3.4 Operationalization	21
3.5 Theory to Underpin the Conceptual Model of the Study	24
3.6 Chapter Summary	24

(Chapter- 4	. 25
R	RESEARCH METHODOLOGY	. 25
	4.1 Introduction with Research Objectives	. 25
	4.2 Research Philosophy	. 25
	4.3 Research Approach	. 26
	4.4 Research Strategy	. 26
	4.5 Methodological Choice	. 27
	4.6 Time Horizon	. 27
	4.7 Research Site /Area Selection	
	4.8 Population of the Study	. 28
	4.9 Sampling Technique / Method	. 28
	4.10 Sampling Framework and Sample Size.	. 29
	4.11 Method of Data Collection and Source	. 30
	4.12 Research Instrument	. 30
	4.13 Source of Measurement	. 31
	4.14 Pilot Study	. 33
	4.15 Reliability of Instruments	. 33
	4.16 Unit of Data Analysis	. 34
	4.17 Method of Data Analysis	
	4.18 Method of Data Evaluation.	. 34
	4.19 Data Presentation	. 39
	4.20 Ethical Consideration	. 39
	4.21 Chapter Summary	. 39
C	Chapter-5	. 41
D	ATA PRESENTATION AND ANALYSIS	41
	5.1 Introduction.	
	5.2 Analysis of Reliability	41
	5.3 Data Presentation	42
	5.4 Chapter Summary	57
C	Chapter - 6	58
F	INDINGS AND DISCUSSIONS	. 58
	6.1 Introduction.	
	6.2 Discussion of Personal Information.	. 58
	6.3 Research Information	. 59
	6.4 Chapter Summary	. 66

Chapter- 7	67
CONCLUSION AND RECOMMENDATION	67
7.1 Introduction.	67
7.2 Conclusion of the Research Objectives	67
7.3 Contribution of the Study	69
7.4 Recommendations of the Study	69
7.5 Limitations of the Study	70
7.6 Direction for future Research	71
LIST OF REFERENCES	72
APPENDIX 01	87
ADDENDIV 02	0.4