EASTERN UNIVERSITY, SRI LANKA

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a Second Year Second Semester Examination in BBA /BCOM 2017/2018 (January 2020) (Proper/Repeat) m 0 Title of Paper **AUX 2041 Career Progression II** Index Number (Write very clearly) tl **Time: One Hour** Answer all questions. **Directions to Candidates** For Examiner's Use only f (1) Write on both sides of the paper. (2) write the **Question** No Marks Number of each question at the top of each page in the space provided (3) Cross out all rough work and blank a (4)Fasten any supplementary paper, books, pages. \mathbf{Q}_1 outline maps etc. at the end of this book so that it may al provide continuous reading matter to the examiner. (5) Do not tear off any part of this answer book. (6) In no S: circumstances must this book, used or unused be an removed from the Examination hall by a Candidate (7) Q_3 Any candidate who is found to be in possession of any a written, printed or pictorial matter not authorized by the Q_4 Registrar will be required to give an explanation in a writing, may be excluded from the examination hall and will be reported to the Vice-Chancellor. n For use of Candidates es Write here the NUMBERS OF THE ANSWER in the order in which they have been writeen. Number of books enclosed and any other annexure such a as maps, graph paper etc. vi ť This book should be handed over personally to the Invigilator. It should not be left behind on the desk. a TOTAL re te 8

	Under	rline the correct answer in the MCQ	
Q1.	i)	In the Johari Window, the information about yours others do is your	elf that you don't know b
		a. hidden self. c. blind se	lf.
		b. open self. d. unknown	self. (Marks 3)
	ii)	Interpersonal communication is communication betw	een two people who
		a. are aware of one another. c. are conne	ected in some way.
		b. share a relationship. d. All of the	e above. (Marks 3)
	iii)	"Right away," "later," and "in a minute" are informal a. adjusted. c. ambiguou	
		b. unambiguous. d. irreversib	le.
	iv)	When you move information from the hidden self into a. affirming. c. empower	
		b. depressed. d. self-discle	osing. (Marks 3)
	v)	To listen effectively, it is important to be awa and the listener's expectations.	are of both the speake
		a. Culture c. Gender	• -
		b. Communication competence d. Idiolect	(Marks 3
	vi)	One of the three obstacles standing in the wa communication is a. emotional contagion. c emotional	
			e interpersonal skills.
	vii)	To increase your self-awareness, you should	(Marks
			nformation to reduce you
		b. increase your open self. d. All of the	

A workplace mentor viii)

> trains a person who is less c. teaches strategies and techniques a. experienced for success. All of the above d.

> > C.

shares information openly. b.

. (Marks 3)

People from Generation Y are known as the . ix)

> iGen a.

Millennials d. All are correct b.

(Marks 3)

"Spirituality" refers to X)

> the search for significance, through the sacred, within the context of a a. shared belief system.

Echo Boomers

- b. a god.
- that unsatisfiable, deepest desire within everyone, and the ways C. individuals deal with that desire.
- d. the religion that one adopts as their own.
- Which of the following terms refers to the ideals, beliefs, norms, and ethos that xi) arouse an emotional response for or against them in a given community?
 - Ethical climate Personal ethics a. c.
 - b. Community values d. Organizational ethics

(Marks 3)

(Marks 3)

- The educational domain that relates to the emotional component of learning, and xii) is concerned with changes or growth in values and attitudes.
 - a. Psychomotor domain. C. Affective domain.
 - b. Communicative domain d. Cognitive domain.

(Marks 3)

- What are the main causes of the obesity epidemic? xiii)
 - Changes in genetic profiles Decreased leisure time activity c. a.
 - b. Increased energy d. None of the options given is correct quantity/density and a more sedentary life-style

(Marks 3)

xiv) An ancient system of physical and mental training that involves controlled breathing, physical postures, meditation, and other practices designed to cultivate unity with the Absolute is _____.

a.	Pilates	c.	yoga	
b.	tai chi	d.	aerobics	(Marks 3)
What	will be the BMI of a male whose	weig	ght is 89 kg and height is	172 cm
a.	36	c.	33	
b.	30	d.	271	(Marks 3)
			(Tota	l 45 Marks)

Q2.

a)

xv)

'The Johari window is a technique that helps people better understand their relationship with themselves and others'.

Illustrate Johari window and its importance at the work-place. ,

(Marks 10)

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'Generation Y is thought to be more family-oriented and willing to sacrificareer advancement for a better work/life balance'.

b)

Describe the characteristics of Gen Y and what are their importance workplace?

	Marks 1

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(Total 20 Marks)
'Effective learning is seen when a person progresses through a cycle'. Explain
'Effective learning is seen when a person progresses through a cycle'. Explain the Kolb's experiential learning cycle with an example.
the Kolb's experiential learning cycle with an example.
the Kolb's experiential learning cycle with an example. (Marks 10)
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a)

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'A positive attitude is mental outlook of optimism and of expecting good things to happen'. Explain the benefits and the activities to develop the Positive attitude at work place.

	(Marks 10)
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	(Total Marks	20)
Write	short notes on the followings:	
i.	Spirituality and work life balance	
ii.	Body mass index	
iii.	Professional Attire	
	(Marks	15

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Q4.

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