

**A SURVEY ON HEALTH STATUS OF PEOPLE LIVING IN THE  
THIRUKKOVIL DS DIVISION OF THE AMPARA DISTRICT**



**SELVARASA VELAVARAJAN**

**946**



Project Report  
Library - EUSL

**DEPARTMENT OF COMMERCE**

**FACULTY OF COMMERCE AND MANAGEMENT**

**EASTERN UNIVERSITY, SRI LANKA**

**2007**

## ABSTRACT

This survey was measuring the "health status of people living in Thirukkovil DS Division in Ampara District". In Thirukkovil DS Division people health were more therefore this research analyze about what are the factors influence the health and what are factors determine the health status of Communities. The main objective for the research is to assess the present health status of people living in the Thirukkovil division of Ampara district and find out the ways to improve the health status of people living in Thirukkovil division of the Ampara district.

The variables included in this survey were physical health, mental health, economical condition, institutional supports and environmental health. To measure these variables data collected from a sample of 200 from 08 village areas people in Thirukkovil Division. Using random sampling technique. The collected data were analyzed using the univariate method. The data collected were presented in the form of tables and pie charts. The data gathered were analyzed using the Microsoft package excel 2000 and SPSS 11.0 windows.

The findings showed that, the Thirukkovil DS Division people health status were moderate level or dissatisfaction level. Reason for that, insufficient knowledge about disease, water purification, environmental safety, and lack of knowledge about waste disposal, majority of people involve in agriculture and fishing and do not consider in their health, lack of education, lack of coverage of health services, and the lack of the environment cleaning activities are aired by the respondents in this research areas. Therefore, chapter seven have recommended for above the issues.

Researcher

## CONTENTS OF TABLE

Contents:	Page
Acknowledgement	I
Abstract	II
Contents	III- VIII
List of tables	VIII-IX
List of figures	X-XI
<b>CHAPTER 1: INTRODUCTION</b>	<b>1-3</b>
1.1 Background of the study	1
1.2 Problem Statement	2
1.3 Objective of research	2
1.4 Research questions	2
1.5 Significant of research	2
1.6 Scope and limitation of research	2
1.7 Assumptions of the Research	3

## CHAPTER 2: LITERATURE REVIEW

2.1 Introduction	4
2.2. Health	4
2.2.1. Mental health	5
2.2.2. Health maintenances	6
2.2.3. Public health.	9
2.2.4. Self care.	10
2.2.5. Educations	10
2.2.6. Health hazards	12
2.2.7. Health factor in daily life	15
2.2.8. Foods	18
2.2.9. Death of infant and unborn child	22
2.2.10. Economics factor in health	22
2.3. Summary	22

## CHAPTER 3: CONCEPTUAL FREAME WORK

3.1. Introduction	24
3.2. Conceptualization	24
3.2.1. Physical health	26
3.2.2. Mental health	26
3.2.3. Economical conditions	26
3.2.4. Institutional supports	26
3.2.5. Environmental health	27
3.3. Operationalization	27
3.4. Summary	29

## CHAPTER 4: METHODOLOGY

4.1. Introduction	30
4.2. Sampling	30
4.3. Data collection	32
4.4. Data analysis	33
4.5. Data evaluation	34
4.6. Summary	34

## CHAPTER 5: DATA PRESENTATION AND ANALYSIS

5.0. Introduction	36
5.1. Personal Information	36
5.1.1. Age distribution	36
5.1.2. Education level	37
5.1.3. Sex	37
5.1.4. Marital status	38
5.1.5. Occupation	39
5.1.6. Self employment	40
5.1.7. Family size	41
5.1.8. Family income	41
5.2. Research Information	42
5.2.1. Physical health	42
5.2.1.1. Physical profile	42
5.2.1.2. Death and reason for death	44
5.2.1.3. Type of disease mostly affected	45
5.2.1.4. Smoking and drinking habits	48
5.2.1.5. Type of affects mostly caused by smoking and drinking	49
5.2.1.6. Maintains the physical health	50
5.2.1.7. Maintenance activities	50
5.2.1.8. Time spent for physical health maintains	52

5.2.1.9. Mouth cleaning	53
5.2.1.10. Method of health maintains	53
5.2.1 11. Satisfaction of physical health	54
5.2.2. Mental health	55
5.2.2.1. Peace of mind and happiness	55
5.2.2.2. Stress in life	56
5.2.2.3. Mental affected	57
5.2.3. Economical conditions	58
5.2.3.1. Medical expensive	58
5.2.3.2. Feature of house	59
5.2.3.3. Kind of toilet	59
5.2.3.4. Drainage of house	60
5.2.4. Institutional supports	61
5.2.4.1. Health preventive and maintenance services	61
5.2.4.2. Training and programmes	62
5.2.4.3. Private medical services	63
5.2.4.4. School health programmes	64
5.2.4.5. Mother and infant maintenances	65
5.2.5. Environmental health	66
5.2.5.1. Waste disposing method	66
5.2.5.2. Sources of drinking water	67
5.2.5.3. Quality and pure water	68
5.2.5.4. Environment maintenances activities	69
5.2.5.5. Satisfaction upon the environment	71

## **CHAPTER 6: DISCUSSION**

<b>6.1. Introduction</b>	<b>73</b>
<b>6.2. Research information</b>	<b>73</b>
6.2.1. Physical health	73
6.2.2. Mental health	74
6.2.3. Economical condition	75
6.2.4. Institutional supports	76
6.2.5. Environmental health	77
<b>6.3. Summary</b>	<b>78</b>

## **CHAPTER 7: CONCLUSION AND RECOMMENDATION**

<b>7.1 Introduction</b>	<b>79</b>
<b>7.2 Conclusion</b>	<b>79</b>
<b>7.3 Recommendation</b>	<b>80</b>
7.3.1 Physical health	80
7.3.2 Mental health	81
7.3.3 Economical condition	81
7.3.4 Institutional supports	82
7.3.5 Environmental health	82

## **REFERENCES**

## **APPENDICES**

### **Appendix -01**

#### **I. Questionnaire**