## THE STUDY ON QUALITY OF LIFE OF ESTSTE WORKERS IN NUWARA-ELIYA DISTRICT



## JEYARAMAN KOGULAN



DEPARTMENT OF MANAGEMENT
FACULTY OF COMMERCE AND MANAGEMENT
EASTERN UNIVERSITY, SRI LANKA
2013

## ABSTRACT

"Study on the Quality of life of Estate Workers in Nuwara-eliya District". This research was carried out in order to find out the quality of life of this estate worker and find out the current needs of this estate workers regarding social and economic development.

The variables included in this study were social factors and economic factors. To measure these variables data were collected from a sample of hundred residents from North punduloya estate using random sampling technique. The collected data were analyzed using the univariate method. The collected data were presented in the form of tables, bar charts and pie charts. The data gathered were analyzed using the Microsoft package excel 2007 and SPSS 16.0 windows.

The findings showed that, most of resident improved in social and economic status. The improvement highly took place in basic needs which come under the social factors and economic factors respectively. Education and employment also improve certain level but general facilities, health water and sanitation, also should be improve in future.

Researcher

## Contents

Acknowledgement		ū
Abstract		iū
Contents		īīi
List of Tables		viii
List of Figures		viii
		,
CHAPTER - 01: OVERVIEW OF THE STUDY		01-04
1.1 Background of the Study		10
1.2 Problems Statement		02
1.3 Research Question		0.3
1.4 Objective of the study		03
1.5 Significance of the study		03
1.6 Limitations		04
CHAPTER - 02: LITERATURE REVIEW	15	05-19
2.1 Quality of life	- 1	05
2.1.1 Conceptual frame work	1	06
2.1.2 Definitions of the quality of life		- 07
2.2 Measuring quality of life		09
2.2.1 Physical Quality of life index		12
2.2.2 Human development index		12
2.3 socio- economic indicators		Ш3
2.3.1 Basic meeds		14
2.3.2 Water and sanitation		14
2.3.3 Shelter		15
2.3.4 Education		15
2.3.5 Health		16,17

2.3.6 Income			18
2.4 Contribution of education in employment and	income distribu	tion	18
2.5 Summary			19
CHAPTER - 03: CONCEPTUALIZATION & (	OPERATIONAL	JZATION	22-27
3.0 Intruduction		DIEZZE E EOT	22
3.2 Conceptualization			22
3.2.1 Quality of life			23
322 Income			24
3.2.3 Water and sanitation			24
3.2.4 Housing conditions			24
3.2.5 Health			25
3.3.6 Education			26
3.3. Operationalization			26
3.4 Summary			27
			~/
CHAPTER - 04: RESEARCH METHODOLOG	Y		28-37
4.1 Introduction			28
1.2 Method of Data Collection	*	1	29
1.2.1 Primary data	2	1	29
1.2.1. Questionnaire development	- 4-		29
1.2.2 Secondary data		*	30
3 Sampling			31
4 Methods of data presentation and data analysis			31
4.4.1 Data presentation			31
4.4.2 Data analysis			32
1.5 Methods of data evaluation			32
1.6 Overall evaluation for individual variables			33

CHAPTER - 05: DATA ANALYSIS AND PRESI	ENTATION	42-72
5.1 Personal information		42
5.1.1 Sex distribution		43
5.1.2 Age		44
5.1.3 Civil status		45
5.U.4 Education qualification		46
5.1.5 Main source off income		46
5.11.6 Secondary source off income		47
5.1.7 Monthly primary income		48
5.1.8 Monthly secondary income		49
5.2 Research Information		5/0
5.2.1 Income is enough to fulfill basic needs	4	51
5.2.2. Housing facilities		52
5.2.3. Samurdhii benefits		53
5.2.4. Private dispensary		54
5.2.5.Basic needs	٠,	55
5.2.6. Nutrition and meals	4	56
5.2.7. Anti-biotic		57
5.2.8. Health expenses	- 4-	58
5.2.9 Chronic diseases		60
5.2.10 Toilet facilities		60
5.2.11 House space		62
5.2.12 Entertainment facilities		62
5.2.13 Electricity facilities		64
5.2.114 Garbage:		65
5.2.15 Daily school attendance		66

5.2.16 NGO helps		67
5.2.17 Private tut ion		68
5.2.18 Water facilities		69
5.2.19 Water source		70
5.2.20 Opportunities for earning		71
5.3. Overall analysis		71
5.3.1 Quality of lofe		72
5.4 Summary		72
CHAPTER - 06: DISCUSSION, CONCLUSION AND		
RECOMMENDATIONS		74-82
6.1 Introduction		74
6.2 Conclusion		75
6.3 Recommendations		76
6.3.1 Income		77
6.3.2. Water and sanitation		78
6.3.3. Housing		79
6.3.4.Health	*	79
6.3.5.Education		8/0
6.4 Implications		82