

EMOTIONAL INTELLIGENCE AND LEADERSHIP STYLE OF PRINCIPAL IN TRINCOMALEE ZONE



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2015**

ABSTRACT

Considering the importance of human resource development goals of today's Schools and organizations, to address the patterns and techniques necessary for understanding and guiding staff is one of the most effective methods and guidance, familiarity with topics and leadership styles and management practices is the leadership style and management skills.

The purpose of the present research as a descriptive-correlative research was to study the relationship between emotional intelligence and leadership style of Principals who work in education sectors. Data was collected from 110 school's principals from Trincomalee zone. The independent variable of emotional intelligence consists with self-awareness, self-regulation, motivation, empathy, social skill and dependent variable leadership style consists with people oriented leadership style and task oriented leadership style. Principals have high EI (Emotional Intelligence) focus their efforts to create enthusiasm in their team with abundant energy and refer others to move forward. A principal's skill in the area of human relations, decision-making, control of subordinates and conflict resolution are indicators of transformative leadership traits and behaviours. Effective leaders will support and encourage staff to model behaviours promoting collegiality and a professional working environment. Finally research intend to measure the relationship between leadership style and level that the leadership style depend on emotional intelligence. The result of three objective shows the strongly positive relationship between emotional intelligence and leadership style.

Keywords: Emotional Intelligence, leadership style

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