# DEVELOPMENT OF CHEDDAR CHEESE USING LOW FAT BUFFALO MILK

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### **ABSTRACT**

Cheese is one of the most popular concentrated and coagulated milk products with a smooth texture having salty taste and pleasant flavor. It is one of most important dairy product consumed throughout the world. The nutritional and health benefits of cheese are numerous. A study was conducted to assess the quality of cheese with full cream and low fat buffalo milk. The study was used to monitor the quality of Cheddar cheeses using both milk. The chemical (moisture, ash, protein and fat) and physical (colour, flavour, taste, texture, hardness, springiness and overall acceptability) properties of both cheeses were studied at day one and ripening. Nine points hedonic scale ranking method was used to evaluate organoleptic characters.

The average yield of full cream cheese and low fat cheese were obtained from fresh buffalo milk 720 g / 5.0 liters of milk and 515 g / 5.0 liters of milk, respectively. Quality attributes of cheese are moisture, ash, protein, fat and pH significantly (P < 0.05) changed during the ripening period. Fat content of the full cream cheese and low fat cheese was increased with the ripening period. But the moisture content and protein content were decreased by the increasing of water losses. Fat content and protein content were higher in the full cream cheese than the low fat cheese while the moisture content was high in low fat cheese compared to full cream cheese. The sensory attributes such as colour, flavour, texture, taste and springiness of full cream cheese were preferred higher than the low fat cheese. Overall colour change was higher in low fat cheese than full cream cheese. But the preference of hardness was higher in the low fat cheese than the full cream cheese.

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