

**FOOD FOR CONSUMPTION AND AGRICULTURAL
TECHNIQUE IN HOME GARDEN IN THE MONARAGALA D.S.
DIVISION IN SRI LANKA**



BY

A.G.DAMITH NUWAN HARSHA KUMARA



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DEPARTMENT OF AGRICULTURAL ECONOMICS

FACULTY OF AGRICULTURE

EASTERN UNIVERSITY

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ABSTRACT

Home gardening is a special type of farming practice among the rural areas. Households are using home garden for their household consumption. Home gardeners using different types of techniques in their home gardening practices. So this study was done to evaluate the food consumption and techniques used in home gardening. This study was done at Monaragala D.S division of Monaragala district. Randomly selected three home gardeners from each village of Monaragala D.S. division was interviewed using a structured questionnaire. Totally 78 home gardeners were interviewed in 26 villages in Monaragala D.S. division.

According to the findings of my study, average age of home gardeners was 46 years. 61.5% respondents were involving in home gardening practices as their part time job. 45.19 % of the farmers were using cropping techniques and more home gardeners are using mixed cropping system. Brinjal, Okra, Beans and bitter gourd are the vegetables and banana and lemon are the fruits, green gram and groundnut are the cereals highly planted in home garden. Home gardeners getting higher income through cultivation of brinjal. The Average income was Rs.9975 per year. Government have the highest contribution in giving training for home gardeners and most of the home gardeners receiving training for compost production.

A number of 64 home gardeners are using rain water for their home garden practices. Others are using well water for their home gardening practices. Most of the home gardeners are using the home garden to produce food for family and to generate additional income. 56% of the home gardeners are involving in home gardening practice daily basis and others are involving in once a week.

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