## STRATEGIC APPROACH TO SPORTS DEVELOPMENT IN EASTERN UNIVERSITY, OF SRI LANKA



## INPARAJAH EZHILVALAVAN



DEPARTMENT OF MANAGEMENT
FACULTY OF COMMERCE AND MANAGEMENT
EASTERN UNIVERSITY, OF SRI LANKA.

## ABSTRACT

The research study has intended the title, Strategic Approach to Sports Development in Eastern University of Sri Lanka. The objectives of this research study are to find out the strategic approach to sports development in Eastern University and to recommends student to improve the whole of participation and development of sports facilities.

Both primary and secondary data were used in this study. Primary data were collected through interviews, focus group interviews and direct observations. Secondary data were collect from Department of Physical Education, Eastern University Magazine, and Sri Lanka University association (SLUSA) annual reports and inter University sport results. Moreover, SWOT analysis was also employed to find out the strength and weakness of the sports activities in the Eastern University, Sri Lanka.

The study reveals the following weaknesses such as are Lack of involvement of students in sports, Lack of indoor facility, Unavailability of bank Account for the sports council, Lack of coach and staff for some particular sports, Allocation of funds, Lack of Transport facilities, and Addicted to alcohol Disability and Drug abuse.

The study recommends the following strategic recommendation for sports development in the Eastern University. Such as Increase sports awareness of students, Included sports subject in University curriculum in optional subjects, Establishment of Mini Gymnasium for the Department of Physical Education. Construction of payilion around the play ground, Construction of permanent office building for the Department of Physical Education, Upgrade the staff skill through effective training programmes. To filling vacancy, Procurement of vehicle for the Department of Physical Education, New fund Allocation, Collect the funds are Donors, Collect from students, Increasing student group games and functions, Introduce Field Trips, and Started YOGA Classes.

## TABLE OF CONTENTS

CIZ	OWLEDGEMENT1
ACK	RACTII
ABST	RACT
	CONTENTS
CHA	PTER-1
INT	ODUCTION1
	1.1 Background
	1.2 Problem Statement4
	1.3 Research Question4
	1.4 Research Objectives4
	1.5 Scope of the study5
	1.6 The Significance of the Study
	1.7 Assumptions of the5
	1.8 study Limitation of the study
	1.9 Summary
CH	APTER-2
LIT	ERATURE REVUSW7
2.1	Introduction 7
	2.2 Evolution of Physical Activity
	2.3 Origins of sports
	2 \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$
	r
	2.5 Why a strategy for sport?
	2.7 Sports management
	2.7 Sports management
	2.8 Summary of past related researches. Initiation researches.
	2.9 Importance of Sports
	2.10 Advantages of sports
	3 11 The benefits of sport on the community

2.12 Factor that influence for non participation in the sports activities	21
2.13 Time Management	.23
2.14 Summary	31
	32-36
CHAPTER-3	32
RESEARCH METHODOLOGY	32
3.1 Introduction	
3.2.Study Setting & Design	33
3.3 Method of Data Collection	
3.4 Sample size and Frame work	34
3.5 Summary	36
CHAPTER-4	37-42
SWOT ANALYSIS	37
SWOT ANALYSIS	37
4.1 Introduction	
4.2 SWOT Analysis	37.
4.2.1 Strengths	5697/400
4.2.2 Weakness	40
4.2.3 Opportunities	
4.2.4 Threats	41
4.3 Summary	42
CHAPTER-5	43-51
STRATEGAL RECOMANDATION FOR SPORTS DEVELOPMENT.	43
5.1 Introduction	43
5.2 Objectives	43
5.2.1 Objective: - To develop the spots activities in Eastern	
University	43
5.2.2 Objective: - To Improve the Physical Education Unit	44

5.2.3 Objective: - To establish separate development fund	
5.2.3 Objective: - 10 establish separate de 1917	16
For sports4	V
5.2.4 Objective: - To reduce addicted to alcohol disability	
And drug abuse4	6
5.3 Summary	48
CHAPTER-6	49-51
TIME FRAME WORK	49
Time Frame Work	49
REFERENCES	52