

**A STUDY ON THE FACTORS INFLUENCING ON POOR  
PARTICIPATION OF FEMALE IN THE SPORTS ACTIVITIES  
OF EASTERN UNIVERSITY, SRI LANKA**

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## ABSTRACT

The research study has intended the title "A study on the factors that influence of female poor participation in the sports activities at Eastern University Sri Lanka" this research was carried out of the reason for the particular group of students are interested and participated in the sports activities. Others not participate in any sports activities. And achievements of sports and participations in indoor outdoor games is very low in the inter University games as well as in the mini Olympics games.

The objectives of this research study were to find out the factors influence for female non-participation in sports activities at Eastern University and recommends students to improve the whole of participation. The research study's conceptualization frame work has seven variables such as resource and facility, personal commitment, training and development, motivation, perception, social factors and disability and drug abuse. Primary and secondary data were used in this study. Primary data were collected form questionnaires and interviews and secondary data collected from department of physical education, Eastern University magazine, Sri Lanka University association (SLUSA) annual report and inter University results. The collected data were analyzed using the Univariate method and used SPSS package. The data collected were presented in the from of tables.

The research finding shows, the female poor participation in the sports activities of Eastern University was in moderate level 3.30. Such as Resource and facilities mean value 2.59, prrsnal commitment 3.27, Training and Development 3.81, Motivation 3.62, Perception 3.66, Social Factor 3.30, and finally Disabilities and Durg abuse 3.11 all the variable contributed in determining the research outputs. Therefore, the key recommendation for the female poor participations should be given proper exposure such as immediately make arrangement to build multi-purpose indoor stadium, and scholarships to oversee to get training or friendly matches in foreign countries. It will motivate the participants to take part in the sports activity. The new research involves in this study is able to identify the present situation of Eastern University students female non participants.

I hope this research will be helpful to increase the number of female participant and effectiveness in sports at the eastern University sports developments.

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