First Year First Semester Examination in Agriculture 32008/2009 (March/April-2010) Eastern University, Sri Lanka

Index No: ENG 1101 English (Level 01)

1.19

Time: 02 Hours

Ind that your students of A should be as

Answer question on the paper itself

Write neatly and clearly.

5

For Examiner's use only

	Question Nu	mber	Maximum Marks	Marks Obtained
			ted allow the loss etc.	
	I	a)	10	
		b)	15	
	II		25	
	III		20	A standound the A
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	IV		30	
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Examiner's Name	:		
Examiner's Signature	estudinos	ala da decimal mana a concercio d	Peeple do no

Date

i.	There is a decrease the enrolment of students to the traditional university	itie
ii.	The agriculturists are unable to understand the cause the disease.	
iii.	The people do not accept the reason given the prize hike.	0
iv.	The first year students of Agriculture are exception other students in a English classes regularly at the ELTU.	itter
v .	The undergraduate's reliance computer as the chief source of information increased.	tio
vi.	Cytology is the branch of biology that deals the structure, form and cells.	ı Iif
vii.	Organically raised crops are free chemical pesticides and herbicides.	
viii.	Is this type of soil suitable growing tomatoes?	
ix.	This local variety of seed is inferior the imported one.	
x.	Many vegetables, including tomatoes potatoes and drumsticks are native	_
	(10	ОМ
) Turn	the following active sentences into their corresponding passive forms.	
i.	Mosquitoes carry diseases	
ii.	Rodents cause trouble for man.	
iii.	We study the external shapes of plants and animals in Morphology.	
iv.	People do not use the decimal system in electronic computers.	
	The professor does not give several examples of that phenomenon.	

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1.

2.

2. Assume that you want to apply for a post advertised in the Sri Lankan Sunday Observer of February 28 2010, given below.

Write a letter of application along with your bio data including all the relevant information.

	The Andread Age American Street and American Street American Street American Street American Street American St	
	Sales REPRESENTATIVES The importers and distributors of Rotomac Ball Pens, JK Copier Photocopy Paper and Nataraj Products are looking for suitable candidates for the following post.	U 2 JUN 2010
4. Add	 Age below 26 years. G.C.E. O/L & A/L Atleast 2 years selling experience as a Company or Distributor Representative. Benefits Remuneration package includes an attractive incentive scheme and career advancement prospects guaranteed based on performance. 	Thersity, Sri Lenka
÷ 	Forward your CV by fax or email with contact phone number and names of two non-related referees within 7 days to ;	
	THE MARKETING MANAGER PACKSCO CEYLON (PVT) LTD No - 19, St. Michael's Road, Colombo - 03.	
	Tel: 2 394670 Fax: 2 343103 E-mail : packsco@sltnet.lk JK COPIER PHOTOCOPY PAPER CONTINUE NATARAJ	
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(25 Marks)	

3. Assume that you are the Secretary of a Literary Association of your Faculty and conducted a program where a leading Professor in English was the Guest of honour. Write a vote of thanks to thank everyone contributed towards the success of the program including the Guest of Honour in 100-150 words.

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4. Read the text given below and answer the questions on it.

Note: Give Full answer wherever possible.

Need quick weight loss? Simply eat up!

Paragraph 1

rying hard to get in to shape? Looking in the mirror and frowning has now become a habit, the with chic scoffing at your obese figure, man or woman. You should be ashamed not to trust your will pornore om support your attempts at weight loss.

Just believe me, if there is a will this is the way to do it. Go head first because emotions only get you you lose Just use your head; strategize, stand by your determination.

Like all achievers you are bound to have an enjoyable time working out a diet you'd love to live on. For paragrap stop starving. Eat well. Watch your weight, loose like sand in your hand, slipping away the kilos, as y slimming in style. Its not how much you eat; its all about what you eat.

Eat up and slim down with these fat-fighting foods. Our old western influenced diet has cost us dearly: () three of us is now overweight or obese, and a third of our children will develop diabetes in their lifetime. But the answer isn't eating less food", it's eating more of the right foods, a few of them in particular, () called miracle foods for slimmers. Here are more secrets on how to lose weight and keep it off for good

Paragraph 11

Nuts

Nuts are smart. They're packed with mono unsaturated fatty acids, those good-for-you fats that lower risk of heart disease and diabetes, and, according to new research, help you control your appetite. Researchers have found that eating a high-protein, high-fat snack, such as almonds, increases your a burn for up to 31/2 hours. And just 1 ounce of almonds boosts vitamin E levels, increasing memon cognitive performance, according to researchers. In another study, people who ate pistachios for three multiplies to 12 pounds, on average.

Meats Grass-fed away pour A3.5 ound raised bee in fact, gr Grass-fed while bui

11.

a)

b)

Whole grains

It's not a magic disappearing act, but it's close: When Harvard University researchers analyzed the diets of more than 27000 people over 8 years, they discovered that those who ate whole grains daily weighed 2. pounds less than those who ate only refined-grain foods. Go for red rice and kurakkan!

6 2 JUN 2010

Another study from Penn State University found that whole-grain eaters lost 2.4 times more belly fat that those who ate refined grains.

Whole grains more favourably affect blood - glucose levels, which means they don't cause wild swings in blood sugar and ratchet up cravings after you eat them.

Plus, the antioxidants in whole grains help control inflammation and insulin. Whole grains also strengther your heart, helping you live longer.

Avocados and other healthy fats

Just because a food has plenty of fat and calories doesn't mean it's fattening. See, certain foods cause you to gain weight because they provoke hormonal changes that trigger cravings. One hunger-control hormone leptin, becomes blunted by starchy, sweet, fatty, and refined-carbohydrate foods.

Avocados, aren't fattening because they're loaded with healthy fat and fiber and don't cause wild swings in insulin levels. So enjoy the fat in avocados, olive oil, and nuts. Research shows that diets containing upward 20 Mar of 50 percent fat are just as effective for weight loss as those that are low in fat. Discover the new you!

Meats

Grass-fed beef, chicken, and pork are leaner and healthier than conventional livestock" and can help trim away pounds.

A3.5 ounce serving of grass-fed beef has only 2.4 grams of fat, compared with 16.3 grams for conventionally raised beef.

In fact, grass-fed beef is so much more nutritious than commodity beef that it's almost a different food.

Grass-fed beef contains more conjugated linoleic acid (CLA), which has been shown to reduce abdominal fa while building lean muscle. It also has more omega -3s and less omega-6s than corn-fed beef. It's the same eh? St with chickens. According to a recent study, free-range chickens reared in our compounds have significantly power more omega-3s than grain-fed chickens do, and less harmful fat and fewer calories than grain-fed varieties This is important because omega-3s improve your mood, boost your metabolism, sharpen your brain, and help Du dov you lose weight. (DN/March 1 2010)

For an Paragraph 1 s you

1. What should you trust in to lose weight?

111. What is the answer to lose overweight?

11. Write the two phrases used to describe the weight loss when you go slimming.

a)

b)

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2.	What is the nut mentioned in increasing r	nemory?	ninger with alle <u>daily</u> one Pand Stole con finger grander
		ogala - broom is occurs any cons	
3.	Whom the Harward university researcher	s used for their s	tudies?
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	b.	<u> </u>	ther beetthy hats
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4.	What are the advantages mentioned in eat	ing whole grains	
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	b.	and telephone and	entriolite as affeithea
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